



Stepping Stones to Pursuing a **Career in Health**

This booklet was designed to be a user friendly resource to assist Anishinabek students in taking one of their first steps – deciding on a program, that will lead them to a career in health.

Please note: Due to the number of programs and the program changes at Aboriginal Institutes, Colleges and Universities, we are unable to ensure a complete and accurate document. This is a snap shot of the various health programs offered at the time of research.

A list of websites has been provided to assist you with obtaining further information on your respective health career of choice.

We would like to thank the following organizations for assisting in the publication of this document.



Aboriginal Health Human Resources Initiative (AHHRI)



Anishinabek Educational Institute (AEI)

The Anishinabek Educational Institute was formed in January 1996 out of the need to provide quality education based on the principles, values and needs of the Anishinabek. Although many mainstream colleges and universities made the move to provide culturally sensitive programming for Aboriginal students, a huge void in the development and delivery of post-secondary education existed where the Anishinabek had control over the quality of programs that met the specific needs of Anishinabek individuals and communities



Union of Ontario Indians (UOI)

The Anishinabek Nation incorporated the Union of Ontario Indians (UOI) as its secretariat in 1949. The UOI is a political advocate for 42 member First Nations across Ontario. The Union of Ontario Indians is the oldest political organization in Ontario and can trace its roots back to the Confederacy of Three Fires, which existed long before European contact.

The UOI represents 42 First Nations throughout the province of Ontario from Golden Lake in the east, Sarnia in the south, Thunder Bay and Lake Nipigon in the north. The 42 First Nations have an approximate combined population of 42,000 citizens, one third of the province of Ontario's aboriginal population. The Anishinabek Nation has four strategic regional areas Southwest, Southeast, Lake Huron and Northern Superior and each region is represented by a Regional Grand Chief

The UOI has its headquarters located on Nipissing First Nation, just outside of North Bay Ontario and have satellite offices in Thunder Bay, Curve Lake First Nation and Munsee-Delaware First Nation.

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This booklet has been designed to assist you with your “step” into creating a solid foundation for your future career in health. There are several steps that need to be taken along the path to choosing - the right program and the right post secondary institute for you!

We have only listed four of the many stepping stones it takes to reaching your health career dream. “Stepping Stones” is your first step to exploring where your academic and personal interests meet. Step slowly, the more steps you take, the more balance and strength you will have in the choices you will make.

Your first step should be to use your resources. Visit with your High School Guidance Counsellor and/or Native Liaison Worker. Here you can discuss your interests to ensure you are taking all the right courses for college or university. (Please take this booklet, “Stepping Stones to a Health Career” to your next visit, it is a great tool that will help guide your discussions)

Your second step should be to research. Research what health programs are out there, what college or university you would like to attend. This will help ensure that the institute and program you choose is right for you! (Please refer to the Union of Ontario Indians “Post-Secondary Institute Health Studies Guide” for a full listing of potential health program options)

Your third step should be to secure funding. Visit with your First Nation Education Manager to see if you qualify. You are also eligible to apply for various bursaries and/or scholarships to help you with your post-secondary education. (Please use the Union of Ontario Indians pamphlet “Potential Sources of Funding: Bursary and Scholarship Websites” to guide your search)

Your fourth step should be to apply. Remember to use your resources (Guidance Counsellors, Native Liaison Workers and Education Managers) to help you with application process. You can also contact the college or university directly to ensure you submit all the paperwork they require.

Nationally, it has been noted that current shortages exist with respect to health human resources across Canada, and that these health care provider shortages will continue to rise. Meaning, there are several positions open within the health care industry currently, and there will continue to be employment opportunities throughout the sector in the years to come.

Health human resources are essential and they all work together as a team in the provision of our health care. From Midwives (home childbirth), to Optometrists (sight), to Audiologists (hearing and speech), to Respiratory Therapists (breathing), all health care professionals have an important role to play.

Those are just some of the health care professionals that we see every day working on the front lines, but we must remember that everything is interconnected - there are many more health care professionals that work behind the scenes. Such as; 911 Emergency Communication Officers, Biotechnologists (examine blood tissue for diseases), Biomedical Engineer (designs medical instruments, devices, and software), Forensic Scientist and Pharmaceutical Researchers.

We cannot overlook all the health career positions that exist in relation to information collection, data analysis, policy development and management. In short, there are hundreds of careers to choose from in the area of health. There are also several positions and places of employment that exist in relation to your chosen health career, that have been provided in the pages that follow.

This booklet has been broken down into three sections.

What can I do with my College studies in... In this section there will be a list of health studies programs (ie; Dental Hygienist), a brief job description and potential places of employment (ie; Dental Office).

What can I do with my University studies in... In this section there will be a list of University programs (ie; Biology), a brief description, and potential employment positions (ie; Biological Researcher).

Additional Resources... In this section, you will find several websites which you can explore to find out more specific information with respect to the health careers listed in this booklet and others that may have been overlooked.

Please remember, this resource is only a guide and cannot possibly list all the career opportunities that exist upon graduation from an Aboriginal Institute, College or University in Ontario. It is also important to note, that some of the careers listed require 8-16 years of post-secondary study if one is striving to obtain a specialty such as a Psychiatrist or a Physician. Therefore, it is highly recommended that you meet with your guidance counsellor to discuss your career path.

No matter what career you choose, keep in mind that everything is interconnected; an environmentalist is linked to human health and teachers nurture the intellectual health of a human. So we anticipate that this booklet can assist you in connecting to a post secondary program and/or degree that will lead you to a profession that will decrease the shortage of Anishinabek Health Care professionals within our communities and across Canada.



What can I do with my College Studies in...

911 and Emergency Services Communications: Emergency Communication Operators are the first point of contact, who provides the appropriate emergency response and offers guidance and reassurance to those involved in the situation.

- 911 Call Centres, Police, Fire, Emergency Medical Services (ambulance/paramedic), Security, Alarm and Safety Agencies.

Aboriginal Community Service Worker: Develops and implements community-based health/social service programming.

- Program Coordinators, Alcohol Abuse Workers, Mental Health Workers, Community Health Representatives, Health Liaisons.

Activation Co-ordination/Gerontology: Coordinators promote activity programs that enhance the quality of life for older persons.

- Day and Community Centres, Nursing and Retirement Homes, Community-Based Service Agencies.

Addictions Counselling: Counsellors provide support to individuals with varying degrees of emotional and behavioural challenges.

- Group Homes, Adult Shelters, Correctional Facilities, Community, Health Service, Government, Non-Government Agencies.

Basic Radiological Technician: Basic X-Ray Technician also known as Radiographer, performs various x-rays on parts of the body, the processed film is then examined by a Radiologist who is responsible for diagnosis and treatment.

- Hospitals, X-Ray Laboratories, Health Centres.

Athletic Therapy: Athletic Therapists provide advice with respect to the prevention of sport injuries, and provide rehabilitative care for musculoskeletal injuries.

Sport Injury Clinics, Professional Sport Teams, Private Clinics and Educational Institutes.

Bio Medical Engineering Technology: Bio-Medical Engineering Technologist is responsible for installation, testing, calibration, and preventative maintenance on sophisticated electronic systems and computers.

- Medical Equipment Manufacturers, Sales and Service Organizations, Medical Laboratories, Regulatory Institutions.

Biotechnology Technician/Technologist: Biotechnology plays a critical role in the battles against hunger, disease and pollution.

- Lab Technologists, Health Research, Quality Control, Government , Educational Institutions, Hospitals, Medical Facilities.

Cardio Vascular Technology: Cardio Vascular Technologists perform various cardio-vascular tests and assist physicians in cardiac diagnosis.

- Hospitals, Ambulatory Health Care Services, Private Cardiology and Diagnostic Centres, Cardiac Rehabilitation Centres.

Chemical Laboratory Technologist - Pharmaceutical: Analysis of pharmaceuticals, formulation and product manufacturing.

- Research and Development, Manufacturing, Technical Sales.

Child and Youth Worker: Works with children and youth that have behavioural and emotional challenges.

- Residential Care Facilities, Treatment Centres, Shelters, Specialized School Programs, Foster Care, Youth Criminal Justice.

Dental Assisting: Educates and promotes oral health care and client intra oral care.

- Family and Specialty Dental Practices, Public Health Departments, Hospitals, College/University Dental Clinics.

Dental Hygiene: Dental Hygienists are oral health care providers.

- Specialty Private Dental Practices, Public Health Units, Hospitals, Canadian Armed Forces, Educational Institutes.

Dental Office Administration: Are receptionists, office administrators, customer service representatives in various health settings.

- Private and Public Dental Practices, Public Health Departments, Insurance Companies, Chiropractor Offices, Sport Clinics.

Dental Technology: Dental Technologists make all the various devices used by dentists in the treatment of patients (ie; dentures).

- Family and Specialty Dental Practices, Public Health Departments, Hospitals, College and University Dental Clinics.

Developmental Disabilities/Service Worker: Working with persons who have a variety of developmental needs in a variety of social service and health related agencies that provide support to individuals and their families.

- Education and Developmental Assistants, Integration Aides, Residential Counsellors, Employment Specialists, Life Skills.



Diabetes Prevention Specialist: Work with individuals, families and communities in the awareness and prevention of Diabetes.

- Public Health Units, Hospitals, Community Health Centres, in native community settings, on or off reserve.

Dietetic Technician: Dietitians provide patient education and clinical nutrition.

- Hospitals (acute care or chronic), Nursing Homes, Long Term Care, Day Care Centres, Community Agencies.

Drug and Alcohol Worker: Counsels and manages case files for individuals struggling with substance based addictions.

- Withdrawal Management, Residential Facilities, Shelters, Referral Agencies, in native community settings, on or off reserve.

Early Childhood Education: ECE's are teachers of young children in a variety of preschool and educational settings.

- Preschool and Infant/Toddler Centres, School-age Programs, Resource Centre, School Boards as educational assistants.

Emergency Telecommunications: Dispatchers and call facilitators.

- Police, Fire and Ambulance. Additional opportunities exist within industries utilizing telecommunications (i.e.; security firms).

Esthetician: Provides a range of spa service.

- In spas and salons, or in health clinics in conjunction with dermatologists, plastic surgeons and health care providers.

Exercise Science and Health Promotions: Implements and manages wellness and health promotional programs and initiatives.

- Public and Private Sector, Community Health Centres, Hospitals, School Boards, Corrections.

Fitness and Health Promotion/Lifestyle Management: A consultant, who plans, promotes and delivers a variety of health and fitness routines to manage an individuals' fitness.

- Commercial Fitness Facilities, Employee Fitness Centres, Rehabilitation Clinics, Exercise Therapists, Personal Trainers.

Food and Nutrition Management: Managers in the food industry, who maintain knowledge with respect to clinical nutrition, food modification, nutrition analysis, sanitation and safety measures..

- Long Term Care Facilities, Retirement Residences, Correctional Facilities, Hospitals, Cafeterias, Airline Food Services.

Health Informatics/Information Management: Manages health information such as medical coding.

- Acute and Chronic Care Hospitals, Health Care Private Practitioners' Offices, Insurance Companies, Research Centres.

Hearing Instrument Specialist: Tests hearing, selects appropriate hearing instruments and dispenses these aids to people in need.

All clients must have a prescription from a physician or an audiologist prior to being fitted with a hearing aid.

- Hearing Aid Vendors, such as manufacturing, audiologists, hearing instrument specialist or other large dispensaries.

Indigenous Community Health Approaches: The program is rooted in Indigenous knowledge and exposes First Nations health professionals to cultural teachings about health, health care, environmental and human health issues facing First Nations communities.

- Agencies that apply holistic healing approaches, Mental Health Workers, Crisis Counsellors, Health Resource Workers.

Indigenous Wellness and Addiction Prevention: Students will gain respect and understanding of the Aboriginal culture and focus on increased effectiveness within the health care field.

- Counsellors, Traditional Medicine, Alcohol and Drug Treatment Units, Family Resource Centres, Mental Health.

Massage Therapy: Massage Therapist, performs soft tissue manipulation, providing physical benefits for the client.

- Self-employed, Private Practices, Chiropractic Offices, Clinics, Health Clubs, Fitness Centres, Hotels, Resorts, Spas.

Medical Laboratory Assistants: Works under the supervision of a Medical Laboratory Technologist to perform laboratory tests.

- Hospital, Private and Public Health Laboratories, Clinics, Research Labs, Commercial Diagnostic Supply Companies.

Medical Laboratory Science: This program opens the doors for students to become Medical Technologists, Research Assistants and Quality Control Technicians

- Hospital, Public, Private Medical Laboratories, Scientific Research, Pharmaceutical Labs, Corporate Sales, technical.

Medical Laboratory Technician: The tests and procedures that Medical Laboratory Technologists perform provide critical information enabling physicians to diagnose, treat and monitor a patient.

- Hospital, Private, Public Health Laboratories, Clinics, Research Labs, Commercial Diagnostic Supply Companies.



Medical Radiation Technologist: MRT's use ionizing radiation to take radiographs of patients that enable physicians to diagnose and treat a variety of traumas and medical conditions.

- The C.A.M.R.T. certificate qualifies the technologist to work in various hospitals, medical clinics, private radiologist's offices.

Mental Health and Addiction Worker: Provides a broad range of counselling techniques associated with addictions.

- Addiction Treatment, Referral, Crisis Intervention, Withdrawal Management, Transition and Community Living Homes.

Native Community Worker – Traditional Aboriginal Healing Methods: This program promotes an integrated approach to healing and wellness strategies in its interdisciplinary approach.

- Mental Health Services, Social Services, Community Health Representatives, in native community settings, on or off reserves.

Native Education - Community and Social Development: This program is focused on the planning, development, evaluation and administration of social/health care services within the Native community.

- Health Centres, Social Services, Group Homes, Healing Lodges, Mental Health Centres, Rehabilitation Centres.

Office Administration – Medical: Medical secretary, administrative/office assistant, medical records clerk, medical office coordinator, receptionist or unit clerk are vital members of the health care team that ensure the office operates smoothly.

- Doctor's Office, Hospital, Health Clinic, Pharmaceutical Company, Diagnostic Clinics, Nursing Care Facility, Government.

Occupational Therapist Assistant/Physiotherapist Assistant: Assist individuals to maintain or regain independent mobility.

- Acute Care Hospitals, Rehabilitation Hospitals, Community Care Access Centres, Nursing Homes, Therapy Clinics.

Opticianry: Opticians dispense eye glasses, contact lenses, and subnormal vision devices.

- Retail Optical Chains, Independent Dispensaries and Medical Clinics in Ontario and across Canada .

Orthotic/Prosthetic Technician: Technicians make orthoses (braces and splints) and prostheses (artificial limbs), which are fitted to help rehabilitate individuals with disabilities.

- Hospitals, Rehabilitation Centres, Private Facilities across the country.

Paramedic: Primary Care Paramedic provides emergency medical and trauma care prior to patient arriving at a hospital.

- Ambulance services, in the field of health and safety, rescue, and dispatch. Hospitals, Fire Departments, Government Agencies, Manufacturing Firms.

Personal Support Worker: PSW's work with the frail, elderly, physically challenged, mothers and newborns, and persons with special needs.

- Nursing Homes, Retirement Residences, Long Term Care Facilities, Schools, Group Homes, Hospitals, Community Settings.

Pharmaceutical and Food Science Technology: This program provides the essential skills, laboratory training, and experience in biology, microbiology and chemistry for students to pursue a career in science.

- Research and Development Laboratories, Quality Control Laboratories, analysis, manufacturing, administration, marketing and/or sales in the food, pharmaceutical or cosmetic industry.

Pharmacy Technician: Duties may involve dispensing, inventory control, records maintenance, typing and operation of computer terminals.

- Community Pharmacies, Hospitals, Corporate Pharmacies, Clinics.

Pre - Health Sciences: This program provides the background science knowledge necessary to enter a specific health science program at the college or university level.

Preparation for Medical School and Health Sciences: This program provides a student with the necessary skills for entrance into medical school.

Recreation Therapy/Recreation Therapist Assistant (RTA): RTA's work with the Recreation Therapists to provide treatment services and recreation activities for individuals with disabilities or illnesses.

- Seniors Centres, Nursing Homes, Mental Health Facilities, Group Homes, Rehabilitation Centres, Correctional Facilities.

Registered Practical Nursing: RPN's can administer medications, perform nursing assessment and conduct patient teaching and instruction.

- Hospitals, Health Clinics, Community Health Centres, Nursing Homes, various government and non-government agencies.

Respiratory Therapy: Registered Respiratory Therapists are healthcare professionals who assist physicians with the diagnosis and treatment of lung and other associated disorders.

- Private and Public Companies, Homecare, Hospital Pediatric and Neonatal Units.



Social Service Worker: Administer and implement a variety of social assistance programs and community services, and assist clients to deal with personal and social problems.

- Social Service Departments, Long Term Care Facilities, Addiction and Mental Health Services, Shelters, Youth Programs.

Sport Management: This program provides you with entry level employment within the sport industry.

- Professional Sports, League Sports, Sport Organizations, Sport Tourism, Sporting Sales and Services, Media.

Veterinary Assistant: Combines the expertise of basic animal care with the administrative responsibilities of running an office.

Veterinary Technician: Veterinary Technicians assist the Veterinarian in the medical care of animals.

- Veterinary Practices, Universities, Humane Societies, Licensed Pounds, Grooming Facilities and Boarding Kennels.

Veterinary Technology Wildlife Rehabilitation: This program will give students a solid foundation of scientific understanding, and wildlife rehabilitation technical skills gained through field experience.

- Natural Resources, Zoos, and Wildlife Parks, Avian Rehabilitation Centers, Natural Bird Sanctuaries, Veterinary Clinics.

Water Quality Technician: Technicians are trained in water and wastewater treatment, water distribution, wastewater collection, and environmental monitoring. Public health depends on superior management of water quality.

- Municipalities with water and wastewater treatment systems, Water Use Industries, Environmental Monitoring Agencies.

What can I do with my University Studies in...

Biochemistry: Many of the biochemist's findings are of direct relevance to humanity to understand disease, improve food production, and find new techniques to produce valuable products like vitamins and antibiotics. The biochemistry programs are one of the best training options for entry into medicine and other health sciences professional programs.

- Fisheries Officer, Physician, Plant Pathologist, Ecologist, Cytologist, Immunology, Horticulturist, Geneticist, Conservationist, Public Health Officer, Resource Management, Teacher, Policy Analyst, Virologist, Veterinary Medicine, Dentistry.

Biology: Is a branch of the natural sciences concerned with the study of living organisms and their interaction with each other and their environment. Biologists search cells to understand how they work, age, change and produce cancers.

- Environmental Educator, Health Policy Consultant, Health Information Specialist, Marine/Fisheries Biologist, Medical Illustrator, Medical Technologist, Nurse, Pharmaceutical Researcher, Pharmacologist, Physician, Veterinarian.

Biotechnology: The science of biotechnology applies the basic principles of biochemistry and biology to the study and manipulation of living organisms in relation to industrial, medical, agricultural, and environmental problems.

- Agricultural Research, Biotechnology Consulting, Forensic Sciences., Medical Research, Medicine, Pharmaceutical Marketing Representative, Pharmaceutical Research and Development, Science Writing, Teaching, Lab Technician.

Chemistry: Is the science concerned with the composition, structure, and properties of matter as well as the changes it undergoes during chemical reactions. A chemist examines the methods in which food, medicine, materials are made. Chemists have developed medication that saves lives and reduces suffering.

- Biochemist., Environmental Health Specialist, Intellectual Properties Lawyer, Occupational Safety Specialist, Pharmacist, Public Health Educator, Pharmaceutical Researcher, Pathologist, Technician, Technical Writer, Archivist, Agronomist.

Child Health: Focuses on the health, wellness, and development of children and adolescents.

- Early Childhood Educator, School Teacher, Child Life Specialist, Pediatric Occupational Therapist.



Computational Biochemistry: Combines intensive training in computer science with a strong background in biochemistry. It gives students a strong background in core areas of biology and chemistry such as genetics, cell biology, organic chemistry, and analytical chemistry.

- Biomedical research and development, intelligent drug and enzyme design, pharmaceutical research, biomedical and genetic data analysis, industrial research and development, teaching, technical sales for biotechnology companies, biochemist assistant, biotechnology research and development, medical illustration, biochemical analyst.

Gerontology: Is the study of older people and the matters related to aging in society. Older people are concerned with a variety of subjects from social and financial issues to education and health care.

- Teachers, Researchers, Policy and Program Developers, Advocates, Administrators, Policy Analysts.

Health Science: Is field of study that combines life sciences (biology, biochemistry and chemistry) and social sciences (psychology, sociology, and/or business).

- Dentistry, Medicine, Pharmacy Medicine, Veterinary Medicine, Nurse, Audiologist, Nutritionist, Speech-Language Pathologist, Chiropractor, Physical Therapist, Administration, Thanatologist, Health Writer, Sociologist, Corrections Officer.

Kinesiology: Is also known as Human Kinetics. Kinesiology examines how the human body moves and functions.

- Personal Trainer, Rehabilitative Specialist, Sports Analysis, Kinesiologist, Fitness Instructor, Ergonomist.

Medical Biophysics: Refers to the domain of study that uses physics to describe biological process for the purpose of medical application. Important areas of research include medical imaging, cancer diagnosis and oncology.

- Research Scientist, Enzymologist, Skin Scientist, Pharmacologist, Biochemist, Medical Imaging Specialist, Neuroscientist, Crystallographer, Physiologist, Cancer Researcher, Computational Chemist, Biologist.

Medical physics is about fighting disease. It is a specialized branch of applied physics that is at the forefront of advancements in the prevention, diagnosis and treatment of diseases like cancer and heart disease through the use of physics and technology.

- Health Physics, Bioinformatics, Clinical Physics Assistants, Medical imaging Technologist, Radiographers, Nuclear Medicine.

Medical Sciences: Is a degree designed for students interested in advanced study in one or more of the basic medical science

- Lawyer, Dentist, Epidemiologist, Teacher, Bioengineer, Public Health Officer, Pathologist, Parasitologist, Radiologist, Toxicologist, Immunologist, Molecular Geneticist, Forensic Scientist, Physiotherapist, Policy Analyst, Quality Control Officer.

Midwifery: Is about more than delivering babies. Midwifery is a career that demands the ability to integrate academic knowledge into clinical situations in ever-changing circumstances.

- Midwifery Services, Health Clinics, Regional Health Authorities.

Microbiology and Immunology: Offers students opportunities to enter the exciting world of fundamental, original scientific research using molecular and cellular approaches.

- Professor, Hazardous Waste Manager, Entomologist, Bacteriologist, Medical Technologist, Botanist, Medical Librarian, Biostatistician, Industrial Hygienist, Genetic Engineer, Food and Drug Inspector, Biological Researcher, Biochemist.

Neuroscience: Is the scientific study of the brain and nervous system.

- Neuropsychologist, Toxicologist, Neurologist, Veterinarian, Physician, Rehabilitative Counsellor, Microbiologist, Professor.

Nursing: Bachelor of Science in Nursing offers innovative courses that develop fundamental nursing expertise and skills and opens the door to a variety of exciting career opportunities.

- Health Educator, Midwife, Nurse, Crisis Intervention Worker, Medical Records, Medical Legal Analyst, Administrator, Emergency Medical Technician, Geriatric Aid, Pediatric Nurse, Psychiatric Nurse, Operating Room Nurse.

Pharmacology and Toxicology: Are highly interdisciplinary sciences, drawing upon several closely related areas including biochemistry, chemistry, physiology, and cell biology.

- Patent Officer, Clinical Microbiologist, Pharmacologist, Dentist, Veterinarian, Analytical Chemist, Teacher, Doctor, Clinical Research, Industrial Production Manager, Forensic Scientist, Chemical Biochemist.

Physical and Education: Graduates become community leaders in the promotion of healthy, active, lifestyles.

- Teaching, Recreation Sports Management, Kinesiology, Fitness Assessment and Promotion (personal training), Coaching, Athletic Therapy and Sports Medicine.

Physics: Physicists look for and examine patterns in nature in order to formulate natural laws. They push scientific boundaries by exploring unknown territory through theory and experimentation, often thinking about and describing our physical world in ways that we cannot yet observe in nature.

- Laboratory Technician, Optical Design Specialist, Medical Imaging, Medicine, Medical Research, Radiology, Medical Technologist, Professor, Technical Writer.

Psychology: Answers the questions, Why do people behave the way they do? What are the best ways to change behaviour? What do we mean by personality? How do we learn? To what degree do our genetic makeup and environment influence our development?

- Crisis Counsellor, Child Care Worker, Psychologist, Educator, Policy Analyst, Correctional Officer, Media Planner, Human Resources Worker, Social Service Worker, Behaviour Analyst, Student Advisor, Customs Officer, Parole Officer, Forensics.



Public Health: Focuses on health promotion, administration, policy and programming and evaluation at the individual, community and population levels of health and wellness.

- Environmental Health Officer, Health Care Manager, Health Policy Analyst, Health Researcher, Health Program Planner.

Sociology: Is the study of human social life, focusing on developing an understanding of changes in social structure and human interaction on an individual, societal and global level.

- Rehabilitative Counsellor, Health Care Worker, Social Worker, Public Health Officer, Criminologist, Industrial Psychologist, Corrections Officer, Researcher, Teacher, Family Therapist, Case Aid Worker, Child Welfare Officer.

Women Studies: Reveals different perspectives concerning women, feminism, politics and sexuality.

- Midwifery, Counsellor, Crisis Centre Director, Professor, Publications Coordinator, Attorney, Policy Analyst.

Additional Career Information

General Sites: This section provides the websites that list a variety of descriptions and profiles with respect to health careers.

Assembly of First Nations: Consider a career in First Nations Health

Website: www.afn.ca/article.asp?id=3960

Canlearn: Occupation Search Tool (Health Category).

Website: tools.canlearn.ca/cslgs-scpse/cln-cln/40/sp-pe/catsearch.do?skilllevel=3

Canadian Careers: Explore hundreds of career areas.

Website: www.canadiancareers.com/occupational.html

Careers in Community Healthcare: Learn about the exciting careers in Community Health Care.

Website: www.communityhealthcareers.com

Environmental Careers Organization: Research tool for Environmental Careers

Website: www.eco.ca/Portal/default.aspx

Government of Saskatchewan: Health Career Profiles.

Website: www.health.gov.sk.ca/career-profiles

Health Canada: Health Careers.

Website: www.hc-sc.gc.ca/hcs-sss/hhr-rhs/strateg/recru/careers-carrieres-eng.php

Health Force Ontario: Health Human Resource Toolkit.

Website: www.healthforceontario.ca/upload/en/whatishfo/hhr%20toolkit_june%202029.pdf

Health Links: A Worldwide Resource for Healthcare Consumers and Professionals.

Website: www.healthlinks.net

National Aboriginal Health Organization: Health Careers Booklet.

Website: www.naho.ca/firstnations/english/documents/toolkits/FNC_HealthCareersToolkit.pdf

Native Women's Association of Canada: Health Careers Index Tool

Website: www.nwac-hq.org/en/documents/Health_Index_Tool.pdf

Study in Canada.com

Website: www.studyincanada.com/English/careers/catelist.asp?Category=12&Preference=elementary



Ontario Ministry of Training, Colleges and Universities: Lists various occupational descriptions, including health careers.

Website: www.edu.gov.on.ca/eng/career/descrip.html

Saskatoon Health Careers: Provides slideshows that describes what they do and what they enjoy most about their occupations.

Website: www.saskatoonhealthcareers.ca/slideshow_index.htm

Specific Careers: This section provides information specific to a career. You will find the Canadian Associations and Societies listed below. Some sites have career path sections, others are simply sites for you to begin exploring if this is the right health career for you. Be sure to visit each “Links” section, as this will expand your reach further.

Acupuncture

The Chinese Medicine and Acupuncture Association of Canada

Website: www.cmaac.ca

Biomedical Engineering

Canadian Medical and Biological Engineering Society

Website: www.cmbes.ca

Careers: www.cmbes.ca/index.php?option=com_content&view=article&id=64&Itemid=117

Chiropractor

Canadian Chiropractic Association

Website: www.ccachiro.org

Dentistry

Canadian Dental Association

Website: www.cda-adc.ca

Dieticians

Dietitians of Canada

Website: www.dietitians.ca

Careers: www.dietitians.ca/public/content/career_in_nutrition/index.asp



Gerontology

Canadian Association on Gerontology

Website: www.cagacg.ca

Regional Geriatric Programs of Ontario

Website: www.rgps.on.ca

Kinesiology

Canadian Kinesiology Alliance

Website: www.cka.ca

Careers: www.cka.ca/kinesiology_kinesiologycareer.php

Ontario Kinesiology Association

Website: www.oka.on.ca

Careers: www.oka.on.ca/whoAreKinesiologists

Massage Therapy

Canadian Sport Massage Therapy Association

Website: www.csmta.ca/default.htm

College of Massage Therapists of Ontario

Website: www.cmta.com

Medical Laboratory Science

Canadian Society for Medical Laboratory Science:

Website: www.csmls.org

Careers: www.csmls.org/english/career/index.htm

Ontario Society of Medical Technologists

Website: www.osmt.org

Medical Radiation Technologists

Canadian Association of Medical Radiation Technologists

Website: www.camrt.ca

Careers: www.camrt.ca/english/career/disciplines.asp

Ontario Association of Medical Radiation Technologists

Website: www.oamrt.on.ca

Careers: www.oamrt.on.ca/trainingp.shtml





Midwifery

Canadian Association of Midwives

Website: www.canadianmidwives.org

Association of Ontario Midwives

Website: www.aom.on.ca

College of Midwives of Ontario

Website: www.cmo.on.ca

Nursing

Aboriginal Nurses Association of Canada

Website: www.anac.on.ca

Canadian Nurses Association

Website: www.cna-nurses.ca/cna

Careers: www.cna-aiic.ca/CNA/nursing/becoming/asacareer/default_e.aspx

Registered Nurses Association of Ontario

Website: www.rnao.org

Occupational Therapists

Canadian Association of Occupational Therapists

Website: www.caot.ca

Optometry

Canadian Association of Optometrists

Website: www.opto.ca

Career: www.opto.ca/en/public/03_optometry/03_03_career_info.asp

Ontario Association of Optometrists

Website: www.eyecareoao.com/

Pediatrics

Canadian Pediatric Society

Website: www.cps.ca

Pharmacists

Canadian Pharmacists Association

Website: www.pharmacists.ca

Careers: www.pharmacists.ca/content/about_cpha/about_pharmacy_in_can/how_to_become/index.cfm

Physical Education

Physical and Health Education Canada

Website: www.phecanada.ca

Careers: www.phecanada.ca/eng/careers/index.cfm

Physicians

Canadian Medical Association

Website: www.cma.ca

Indigenous Physicians of Canada

Website: www.ipac-amic.org

Physicists (Medical)

Canadian Organization of Medical Physicists

Website: www.medphys.ca

Careers: www.medphys.ca/content.php?sec=1

Physiotherapy

Canadian Physiotherapy Association

Website: www.physiotherapy.ca

Ontario Physiotherapy Association

Website: www.opa.on.ca

Careers: www.opa.on.ca/physio_becoming.shtml

Sport Physiotherapy Canada

Website: www.sportphysio.ca/

Psychology

Canadian Psychological Association

Website: www.cpa.ca

Careers: www.cpa.ca/public/psychologyquickfacts

Ontario Psychological Association

Website: www.psych.on.ca

Careers: www.psych.on.ca/index.asp?id1=59

Psychiatry

Canadian Psychiatric Association

Website: www.cpa-apc.org

Ontario Psychiatric Association

Website: www.eopa.ca



Public and Environmental Health

Website: www.ilc.org/cfm/CM/Careers/cm_career_bottom.cfm?career_id=455

Respiratory

Respiratory Therapy Society of Ontario

Website: www.rtsso.org/index.asp

Social Workers

Canadian Association of Social Workers

Website: www.casw-acts.ca

Speech-Language Pathologists and Audiologists

Canadian Association of Speech-Language Pathologists and Audiologists

Website: www.caslpa.ca/english

Careers: www.caslpa.ca/english/resources/scopes.asp

Veterinary

Canadian Veterinarian Medical Association

Website: canadianveterinarians.net/links.aspx

Ontario Association of Veterinary Technicians

Website: oavt.org/about.php

This image shows a full-page view of a notebook. At the top left, the word "Notes" is written in a bold, black, sans-serif font. Below the header, the page is filled with horizontal ruling lines. The top of the page is decorated with a border of various seashells, and the bottom is decorated with a border of smooth, grey stones. The page is otherwise blank, with no handwriting or other markings.

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